

NEWS

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MEALS ON WHEELS NEEDS VOLUNTEER DRIVERS

The Meals on Wheels Program needs volunteers to deliver meals to homebound elderly in the Boise area. Meals are delivered Monday through Friday around lunchtime by volunteer drivers using their own vehicles. There are currently several routes in the Boise area that need volunteer drivers. Each route takes approximately one hour to deliver 10 – 15 meals.

The Meals On Wheels program delivers more than 500 meals every weekday in the Boise area. Because of fluctuations in the volunteer work force that delivers the meals, managers are trying to expand the list of potential drivers. Businesses are encouraged to participate in delivering meals through the “adopt a route” program. The meals can be dropped off directly at the place of business for employees to deliver over their lunch hour. Micron Technology, Blue Shield of Idaho and Boise Parks and Recreation are all ‘adopt a route’ businesses that encourage their employees to deliver meals.

For more information on the Meals On Wheels program and to sign up to become a volunteer driver, please contact Cheryl Johnson at 327-8552. Information on Meals On Wheels and other programs of the Central District Health Department is available online at www.cdhd.idaho.gov.

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